

Comparative Study of Postpartum Therapeutic *Batisa* from Southern Rajasthan

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ABSTRACT Southern Rajasthan is region in rich therapeutic herbal medicines and is cautious about women and neonatal health. It uses various herbs for postpartum therapeutic foods among which is a 32 Herbal Composition Formulation, which forms an important recipe. The present study states the principle 45 ingredients of *Batisa* and composition of this formulation in *Ghee* or emulsified and alcohol media. Fifteen ingredients, that is, *Anethum graveolens*, *Areca catechu*, *Curculigo orchioides*, *Curcuma amada*, *Embelia ribes*, *Litsea glutinosa*, *Mesua ferrea*, *Myristica fragrans*, *Quercus infectoria*, *Rubia cordifolia*, *Sida cordifolia*, *Terminalia chebula*, *Tribulus terrestris*, *Trigonella foenum-graecum* and *Vitex negundo* are common to both alcohol and *Ghee* based *Batisa*.